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Toxic Overload A Doctors Plan

Toxic Overload: A Doctor's Plan for Combating the Illnesses Caused by Chemicals in Our Foods, Our Homes, and Our Medicine Cabinets Hardcover - May 19, 2005 by Paula Baillie-Hamilton (Author)

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in pesticides, plastics, cosmetics,
cleaning solvents, and many other
common products build up to toxic
levels in our bodies and break down our
natural defenses against disease.

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be society's salvation, but now, says
doctor Baillie-Hamilton, toxic chemicals
pollute every aspect of our lives-
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Toxic Overload: A Doctor's Plan for Combating the Illnesses Caused by Chemicals in Our Foods, Homes and Medical Cabinets April 5, 2016 Book review, October/November 2005 Issue Hamilton reveals that the chemicals in our food, homes and environment actually cause all of these illnesses, and outlines a program to cleanse the body.

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overnight. For some people, it can be a years long process (my mold doctor said at least 5 for the average person). But the MORE you can do to support your body in detoxing, the better your chances are of regaining your health sooner as opposed to later.

How To Detox Your Body From Mold (What I Did) | Hybrid ...

Environmental health specialist Dr. Paula Baillie-Hamilton explains how chemicals in pesticides, plastics, cosmetics, cleaning solvents, and many other common products build up to toxic levels in our bodies and break down our natural defenses against disease. Toxic Overload reveals the scientific evidence that links chemicals to a host of chronic illnesses and offers a three-step program to combat this toxic poisoning, including:

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Hamilton. Penguin Publishing Group,
2005.

9781583332252 - Toxic Overload A Doctor's Plan for ...

If you're not willing to take charge of
your health to lower toxic overload, you
probably still need those drugs to help
you function. In other words, they're a
backup plan that will (hopefully) keep
you from having a heart attack, spiraling
deeper into depression, etc.

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Detox Naturally-10 Ways to Cleanse Your Body | MaxLiving

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