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SUMMARY (BY ERIC RIES) 6

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terms of age, vital functions, posture and balance, locomotion, prehension, and health and illness. This edition includes more clinical examples and applications, and updates data relating to typical performance on standardized tests of balance. Written by physical therapy experts Donna J. Cech and Suzanne "Tink" Martin, this book provides evidence-based information and tools you need to understand functional movement and manage patients' functional skills throughout the life span. Over 200 illustrations, tables, and special features clarify developmental concepts, address clinical implications, and summarize key points relating to clinical practice. A focus on evidence-based information covers development changes across the life span and how they impact function. A logical, easy-to-

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read format includes 15 chapters organized into three units covering basics, body systems, and age-related functional outcomes respectively.

Expanded integration of ICF (International Classification of Function) aligns learning and critical thinking with current health care models. Additional clinical examples help you apply developmental information to clinical practice.

Expanded content on assessment of function now includes discussion of participation level standardized assessments and assessments of quality-of-life scales. More concise information on the normal anatomy and physiology of each body system allows a sharper focus on development changes across the lifespan and how they impact function.

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The 2nd edition of this expert text emphasizes normal development and function, examining how function is attained and how it can be optimized across the life span. Its logical organization and presentation equips readers with the background and tools needed to understand the components of functional movement. A solid grounding in normal development, including the cellular and systems changes that begin in the embryo and continue throughout life, enables readers to recognize, understand, and appropriately treat abnormal motor function.

This is a Pageburst digital textbook;
Providing a solid foundation in the
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movement, Functional Movement Development Across the Life Span, 3rd Edition helps you recognize and understand movement disorders and effectively manage patients with abnormal motor function. It begins with coverage of basic theory, motor development and motor control, and evaluation of function, then discusses the body systems contributing to functional movement, and defines functional movement outcomes in terms of age, vital functions, posture and balance, locomotion, prehension, and health and illness. This edition includes more clinical examples and applications, and updates data relating to typical performance on standardized tests of balance. Written by physical therapy experts Donna J. Cech and Suzanne "Tink" Martin, this book provides evidence-based information

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Whether your goal is to be a physical

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therapist or a physical therapist assistant, this book's comprehensive content will give you in-depth knowledge on the role of neurologic rehabilitation in the treatment of adults and children with neuromuscular impairments and explores concepts in neuroanatomy, motor control and motor learning, and motor development. Neurologic Interventions for Physical Therapy, 4th Edition provides a current framework for neurologic practice and focuses on the precise links between the pathophysiology of neurologic conditions and possible interventions to improve movement outcomes. The text also includes a new chapter on Autism Spectrum Disorder. Helpful learning aids in each chapter include objectives and summaries, open-ended review questions, line drawings

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and photos, step-by-step illustrated intervention boxes, tables, and charts. Comprehensive content on the role of neurologic rehabilitation focuses on the treatment of adults and children with neuromuscular impairments and explores concepts in neuroanatomy, motor control and motor learning, and motor development. Open-ended review questions at the end of each chapter allow you to test your knowledge of material covered in the chapter. Case studies include subjective and objective observation, assessment, planning, and critical decision-making components, and provide context for you regarding the patient examination and treatment process. The text uses the language of the APTA Guide to Physical Therapist Practice to ensure you are complying with the APTA best practices. Over

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700 illustrations and photographs detailing anatomy, physiology, evaluation, pathology, and treatment enhance your learning resources. UPDATED! Best evidence for interventions; clear, concise tables; graphics and pictures; and current literature engage you in the spectrum of neurologic conditions and interventions. NEW! Autism Spectrum Disorder chapter covers clinical features, diagnosis, and intervention, with a special focus on using play and aquatics, to support the integral role of physical therapy in working with children and families with autism. NEW! Common threads throughout the Children section focus on motor competence as a driving force in a child's cognitive and language development and highlight how meaningful, fun activities with family

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and friends encourage children with disabilities to participate. UPDATED! Neuroanatomy chapter provides a more comprehensive review on nervous system structures and their contributions to patient function and recovery after an injury or neurologic condition. UPDATED! Adult chapters feature updated information on medical and pharmacological management. NEW! The Core Set of Outcome Measures for Adults with Neurologic Conditions assists you in measuring common outcomes in the examination and evaluation of patients. NEW! Emphasis on the evidence for locomotor training, dual-task training, and high intensity gait training are included in the intervention sections.

Master the role of the physical

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therapist or physical therapist assistant in neurologic rehabilitation! Neurologic Interventions for Physical Therapy, 3rd Edition helps you develop skills in the treatment interventions needed to improve the function of patients with neurologic deficits. It provides a solid foundation in neuroanatomy, motor control, and motor development, and offers clear, how-to guidelines to rehabilitation procedures. Case studies help you follow best practices for the treatment of children and adults with neuromuscular impairments caused by events such as spinal cord injuries, cerebral palsy, and traumatic brain injuries. Written by physical therapy experts Suzanne 'Tink' Martin and Mary Kessler, this market-leading text will help you prepare for the neurological portion of the PTA certification exam and begin a

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Successful career in physical therapy practice. Comprehensive coverage of neurologic rehabilitation explores concepts in neuroanatomy, motor control and motor learning, motor development, and evidence-based treatment of adults and children with neuromuscular impairments. Over 700 photos and drawings clarify concepts, show anatomy, physiology, evaluation, and pathology, and depict the most current rehabilitation procedures and technology. Case studies demonstrate the patient examination and treatment process, and show how to achieve consistency in documentation. Proprioceptive Neuromuscular Facilitation chapter describes how PNF can be used to improve a patient's performance of functional tasks by increasing strength, flexibility, and range of motion - key to

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the treatment of individuals post stroke. Review questions are included at the end of each chapter, with answers at the back of the book. Illustrated step-by-step intervention boxes, tables, and charts highlight important information, and make it easy to find instructions quickly. Use of language of the APTA Guide to Physical Therapist Practice ensures that you understand and comply with best practices recommended by the APTA. NEW photographs of interventions and equipment reflect the most current rehabilitation procedures and technology. UPDATED study resources on the Evolve companion website include an intervention collection, study tips, and additional review questions and interactive case studies.

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The sixth edition of this popular text introducing human movement to a range of readers, offers the building blocks, signposts and opportunities to think about the application and integration of basic Human Movement theory. It confirms basic knowledge which is then applied to specific areas. Drawing on the expertise of a range of authors from the healthcare professions, the new edition has adopted a themed approach that links chapters in context. The strength of this current edition is the explicit chapter integration which attempts to mimic the realities of human movement. The themed approach explores the psychosocial influences on movement. Integration is further facilitated by increased cross-referencing between the chapters and the innovative use of one themed case

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study throughout. Framed about a family unit, this case study enables chapter authors to explicitly apply the content of their chapters to the real world of human movement. Taken as a whole, this more integrated format will enable readers to see the reality and complexity of human movement.

Physical inactivity is a key determinant of health across the lifespan. A lack of activity increases the risk of heart disease, colon and breast cancer, diabetes mellitus, hypertension, osteoporosis, anxiety and depression and others diseases. Emerging literature has suggested that in terms of mortality, the global population health burden of physical inactivity approaches that of cigarette smoking. The prevalence and substantial disease risk associated with physical

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inactivity has been described as a pandemic. The prevalence, health impact, and evidence of changeability all have resulted in calls for action to increase physical activity across the lifespan. In response to the need to find ways to make physical activity a health priority for youth, the Institute of Medicine's Committee on Physical Activity and Physical Education in the School Environment was formed. Its purpose was to review the current status of physical activity and physical education in the school environment, including before, during, and after school, and examine the influences of physical activity and physical education on the short and long term physical, cognitive and brain, and psychosocial health and development of children and adolescents. Educating the Student Body makes

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recommendations about approaches for strengthening and improving programs and policies for physical activity and physical education in the school environment. This report lays out a set of guiding principles to guide its work on these tasks. These included: recognizing the benefits of instilling life-long physical activity habits in children; the value of using systems thinking in improving physical activity and physical education in the school environment; the recognition of current disparities in opportunities and the need to achieve equity in physical activity and physical education; the importance of considering all types of school environments; the need to take into consideration the diversity of students as recommendations are developed. This report will be of interest to local and national

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policy makers, school officials, teachers, and the education community, researchers, professional organizations, and parents interested in physical activity, physical education, and health for school-aged children and adolescents.

Master the role of the physical therapist or physical therapist assistant in neurologic rehabilitation! Neurologic Interventions for Physical Therapy, 3rd Edition helps you develop skills in the treatment interventions needed to improve the function of patients with neurologic deficits. It provides a solid foundation in neuroanatomy, motor control, and motor development, and offers clear, how-to guidelines to rehabilitation procedures. Case studies help you follow best practices for the treatment of children and adults

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Proprioceptive Neuromuscular Facilitation chapter describes how PNF can be used to improve a patient's performance of functional tasks by increasing strength, flexibility, and range of motion - key to the treatment of individuals post stroke.

Review questions are included at the end of each chapter, with answers at the back of the book. Illustrated step-by-step intervention boxes, tables, and charts highlight important information, and make it easy to find instructions quickly. Use of language of the APTA Guide to Physical Therapist Practice ensures that you understand and comply with best practices recommended by the APTA. NEW photographs of interventions and

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